



Dear Friends of the Epilepsy Foundation of Florida,

Can you believe we're already more than halfway through the year? As we look ahead to the remaining months of 2017, there's much to look forward to and celebrate as we continue our fight against epilepsy.

We have several exciting [events](#) taking place across the state that we hope you will join us for. From a benefit walk to a chili cook-off to our annual [Let's Talk About It!](#) events, there is something for everyone! Did you know you can also host your own DIY (Do-It-Yourself) event in your hometown to commemorate November Epilepsy Awareness Month? This year, we are excited to launch a new user-friendly platform which allows for the creation of a DIY event in 5-easy steps, outlined below. I encourage everyone to visit our [website](#) to register your DIY event and for more information.

Be sure to also mark your calendar for EFOF's two-part webinar series on medical cannabis. The first webinar of this series will take place on Wednesday, August 30 and will include a tour of a medical cannabis dispensary, an explanation of the current laws in Florida and the products available, and a live Q&A session. Part two of this series will feature an inside look at the Knox Medical cannabis lab on Wednesday, September 13. Both webinars will take place from 6:30-8:00 p.m. through Facebook Live.

Best wishes for a great month!



Sincerely,

*Karen Basha Egozi
Chief Executive Officer
Epilepsy Foundation of Florida*

DIY (Do-It-Yourself)

NOVEMBER IS
EPILEPSY AWARENESS
MONTH

Let's Talk
About It!

HELP SPREAD EPILEPSY AWARENESS
BY HOSTING YOUR OWN DIY EVENT

-  Identify the type of event you would like to host.
-  Register your event by visiting www.everydayhero.com/EFOF.
-  Include all event details (date, time, location, etc.) on your fundraising page.
-  Promote the event to your friends & family.
-  Take pictures for social media & share with EFOF.



**EPILEPSY
FOUNDATION**
Florida

1-877-553-7453 | WWW.EFOF.ORG

Register Your
DIY!

SeizAlarm Offers Seizure Detection using an iPhone or Apple Watch



Seizure Detection for iPhone & Apple Watch

The iPhone and Apple Watch app [SeizAlarm](#) offers those with epilepsy or other seizure disorders the ability to quickly request help from caregivers automatically by monitoring motion and/or heart rate using the Apple Watch or monitoring motion with the iPhone.

When seizure-like motion is detected by the iPhone or Apple Watch, or if the user's heart rate goes over a custom set threshold, a help request is automatically sent. The user's emergency contacts will receive a text, email and a phone call notifying them of the request which will include GPS coordinates giving them the user's exact location.

In addition to automatic help requests, there are two ways to manually request help. One is to request help immediately and the other is a "Delayed Help" feature for those that frequently have auras (simple-partial seizures) that don't always

lead to a convulsive grand mal seizure. The delayed help allows the user to start a time delayed help request. Once initiated, a timer counts down the customizable delay and the user is able to extend the time on the timer if needed. If the request isn't ended manually then a help request is sent to the user's emergency contacts. This is helpful if the user becomes unresponsive due to a seizure, allowing them to initiate the request and know help will be contacted.

"As an epileptic myself, I wanted to create an app that I could use to request help if I need it using devices I already owned. Having this functionality brings me peace of mind and helps me feel more secure in my independence" said Greg Pabst, Co-Founder of SeizAlarm.

[Learn more about SeizAlarm and download the app](#)

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Let's Talk About It!

NOVEMBER IS EPILEPSY AWARENESS MONTH

Let's Talk About It!

In celebration of Epilepsy Awareness Month, the Epilepsy Foundation of Florida is hosting six signature *Let's Talk About It!* events. Will you join us?

*Unmasking
Epilepsy*

MASQUERADE COCKTAIL PARTY
THURSDAY | OCTOBER 19
CORAL GABLES MUSEUM | MIAMI

*Purple
Hat*
NIGHT OUT

COCKTAIL PARTY
THURSDAY | NOVEMBER 2
THE GRATEFUL PALATE | FT LAUDERDALE

*ALL
Shades of Purple*
GALA

GALA
THURSDAY | NOVEMBER 9
WJCT TV STUDIOS | JACKSONVILLE

*PURPLE
PINT NIGHT*

BREWERY EVENT
SATURDAY | NOVEMBER 18
TWISTED TRUNK BREWING | PALM BEACH GARDENS

*Snacks
&
Swizzles*

COCKTAIL PARTY
DATE TBD
LOCATION TBD | DAYTONA

NAPLES EPILEPSY RESOURCE CENTER
GRAND OPENING

RIBBON CUTTING COCKTAIL
DATE TBD
YMCA | NAPLES

GET YOUR TICKETS TO THE EVENT NEAREST YOU!
VISIT WWW.EFOF.ORG/UPCOMING-EVENTS

Has Your Family Been Affected by Childhood Epilepsy?



If so, you may be interested in the **Daisy Study**, which is investigating an 'add-on' therapy for infants who are between 1 month old and less than 4 years old, who have been diagnosed with epilepsy.

If you would like more information about this clinical research study, please contact:

- Denise Hubert, Study Administrator, Pediatric Neurology, PA (7485 Sand Lake Commons Blvd., Orlando, FL 32819) at **(407) 293-1122, ext. 226**
- Mayra Ferreira, Study Administrator, Pediatric Epilepsy & Neurology Associates (508 S Habana Ave., Tampa, FL 33609) at **(813) 873-7367**

Asking for further information does not obligate you to enroll your child in this study; participation is entirely voluntary. Study-related medication, procedures, and visits will be provided at no charge.

To read the Daisy Study brochure, click [HERE](#).

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Upcoming Events



Kendra Gives Back
Palm Beach | Sept. 1



Painting with a Purpose
Naples | Oct. 15



Sisters Walk for Epilepsy
Jacksonville | Nov. 4

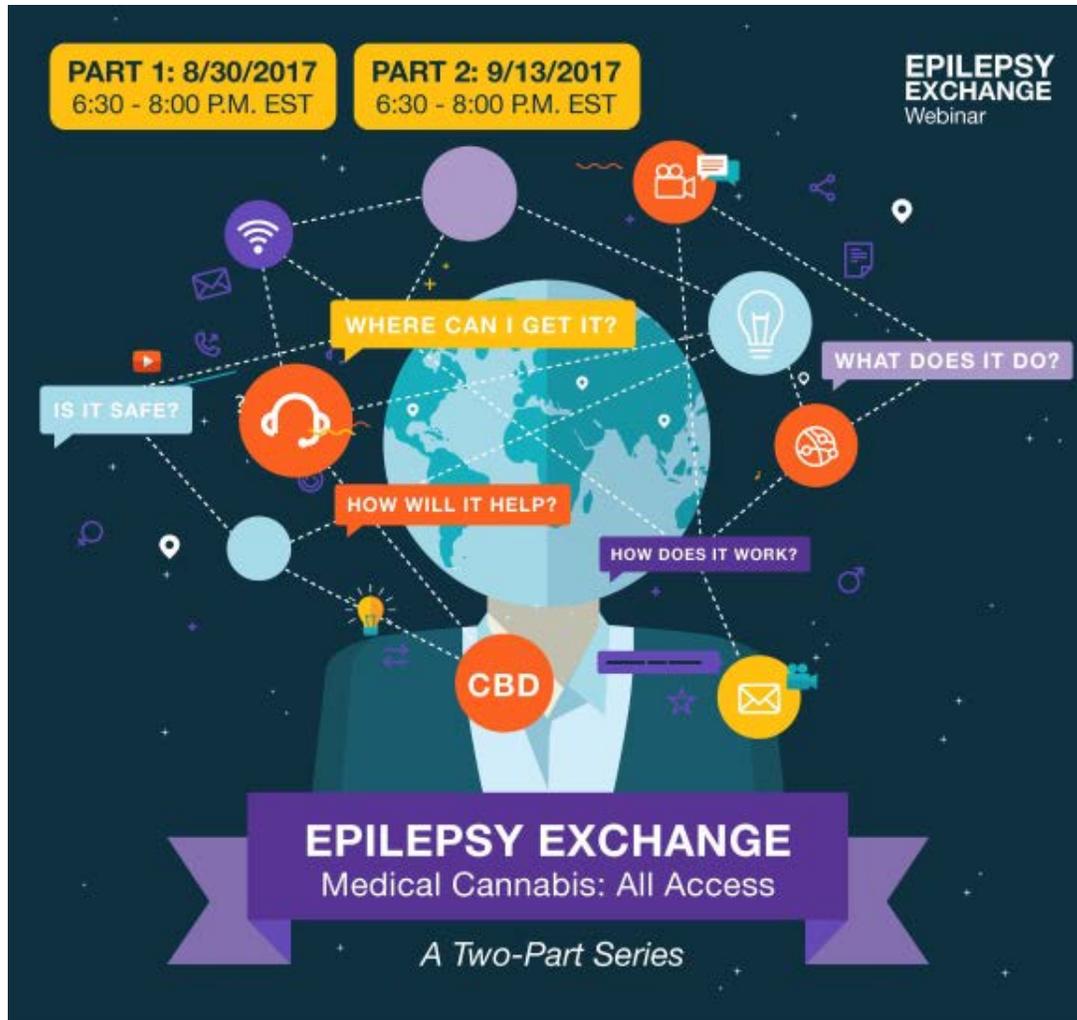


Seizure Smart Talk 5K
Green Cove Springs | Nov. 11



**4th Annual St. Johns Professional
Alliance Chili Cook-Off**
St. Johns | Nov. 18

Two-Part Webinar Series | Medical Cannabis: All Access

A central graphic for the webinar series. It features a stylized globe with a person's silhouette in front of it. The person's head is replaced by a globe, and their chest is labeled 'CBD'. Surrounding the globe are various icons: a Wi-Fi symbol, a video camera, a lightbulb, a brain, a speech bubble, a mail icon, and a question mark. Several text boxes are connected to the globe by dashed lines, containing questions: 'WHERE CAN I GET IT?', 'WHAT DOES IT DO?', 'HOW WILL IT HELP?', 'HOW DOES IT WORK?', and 'IS IT SAFE?'. At the top left, two yellow boxes indicate the dates and times for Part 1 (8/30/2017, 6:30-8:00 P.M. EST) and Part 2 (9/13/2017, 6:30-8:00 P.M. EST). The top right corner says 'EPILEPSY EXCHANGE Webinar'. At the bottom, a purple banner reads 'EPILEPSY EXCHANGE Medical Cannabis: All Access A Two-Part Series'.

Join us for EFOF's upcoming two-part webinar series on Facebook Live!

8/30/2017: Part one will include a tour of a medical cannabis dispensary, an explanation of the current laws in Florida and the products available, and a live Q & A session.

9/13/2017: Part two will feature an inside look at the Knox Medical cannabis lab, and a live Q & A session.

These events will be through Facebook Live. No registration is required for these events. Submit your questions for the live Q & A sessions to ibitton@efof.org.



WWW.EPILEPSYFLA.ORG

WWW.FACEBOOK.COM/EPILEPSYFLA

WWW.TWITTER.COM/EFOF

SUPPORT YOUR EPILEPSY FOUNDATION OF FLORIDA

No one can prepare for a seizure as it can happen at the most unexpected time. There are currently more than 400,000 individuals who suffer from epilepsy across Florida with more than 89,000 of those sufferers being children. Prevention and education can better prepare those impacted by the disease. The Epilepsy Foundation of Florida (EFOF) is here to help provide services and resources to those needing it most, and to those seeking more information.

EFOF offers extensive and supportive services and programs to individuals, families, friends and the community at large including:

- Educational presentations
- Current epilepsy resources and information
- Medical services
- Support groups
- Sponsorship & Volunteer Opportunities
- Summer Camp
- Patient Navigation
- So much more!

To become a client and for more information about the organization, the individuals it serves and the resources provided to those in need, visit www.epilepsyfla.org or call 1-877-553-7453.

[Make a Donation](#)



Everyday
Extraordinary Epilepsy Care

Marcela suffered from epileptic seizures and medication side effects. After careful observation in Memorial's advanced Epilepsy Monitoring Unit, Tarek Zakaria, MD, Neurologist, diagnosed her seizures, ruled out surgery and prescribed a medication to improve her quality of life. Now, Marcela lives extraordinary every day.

 [Learn More](#)

Interested in advertising with us? Check out all our [great opportunities here!](#)



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[Epilepsy Foundation of Florida](#)
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